### LITERATURE CORNER

# QUANTITATIVE RECOVERY FROM URINE USING SEP-PAK® CARTRIDGES - HERE'S PROOF!

The success of a chromatographic assay of a urine sample frequently hinges on a preliminary treatment to eliminate interfering substances. In their paper (1) the authors used SEP-PAK® C18 cartridges to clean up samples for subsequent analysis by thin-layer chromatography of tryptophan and indole metabolites in urine extracts. They concluded that "The use of the SEP-PAK® cartridges for urine extraction had several advantages... It provided chromatographically cleaner extracts because of the partial separation which it produced and effected a significant time saving for extraction because it was a single operation. Moreover, the extraction efficiency was at least equal to that of the solvent extraction methods, the recovery of all indoles being approximately 100%."

#### TABLE I

# RECOVERIES OF THE TESTED COMPOUND FROM SEP-PAK® C18 EXTRACTION

## EACH RESULT REPRESENTS THE AVERAGE OF FIVE ASSAYS

Compound	Theoretical Content (µg)	RECOVERY	
		μg (mean ± S.D.)	%
5-Hydroxytryptophan	55	52.7 ± 1.2	•
5-Hydroxyindolyl-3-acetic acid	47.5		95.8
Tryptophan		48.2 ± 1.1	101.4
	51.0	$50.2 \pm 0.8$	98.4
Indoly1-3-acetic acid	17.5	$17.1 \pm 0.6$	97.7
Indoly1-3-butyric acid	20.0	20.3 ± 0.8	101.5
5-Hydroxytryptamine	70.0	$68.2 \pm 1.7$	97.4
Tryptamine	40.0	39.4 ± 1.2	98.5

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D. Tonelli, E. Gattavecchia, and M. Gandolphi, <u>J. Chromatography</u>, 231, 283-289