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# Advantages of Ostro Pass-through Sample Preparation Versus Solid Supported Liquid Extraction (SSLE)

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## **APPLICATION BENEFITS**

- Ostro<sup>™</sup> Pass-through Sample Preparation provides a simple, generic protocol, requiring no method development
- Samples can be processed 60% faster using Ostro compared to SSLE
- Ostro shows higher analyte recoveries and better batch-to-batch reproducibility compared to SSLE
- Ostro shows comparable matrix factors versus SSLE
- Ostro accommodates a range of sample volumes (50-350 µL) vs. the requirement for a fixed volume using SSLE

#### WATERS SOLUTIONS

Ostro Pass-through Sample Preparation 96-well Plate (p/n: 186005518)

Waters Positive Pressure-96 Processor (p/n: 186006961)

ACQUITY UPLC I-Class System, Xevo TQ-S Mass Spectrometer

ACQUITY UPLC<sup>®</sup> CSH, C<sub>18</sub> Column 2.1 x 100 mm 1.7 μm (p/n: 186005297)

1 mL round collection plates (p/n: 186002481)

Waste plate for positive pressure: 24-well Collection Plate, 10 mL Square well 1/pkg (<u>p/n: 186005586</u>)

Truview<sup>™</sup> LCMS Certified Vial (p/n: 186005662CV)

## **KEY WORDS**

Ostro, pass-through sample preparation, Solid Supported Liquid Extraction, SSLE, plasma, bioanalysis, forensic toxicology, clinical research

## INTRODUCTION

The Ostro Pass-through 96-well plate provides a novel solution for simple pass through cleanup of plasma, serum, and whole blood samples that removes protein and phospholipids with little-to-no method development. It can be quickly implemented into routine lab workflows and produces clean extracts and excellent reproducibility resulting in consistent, robust methods with high throughput. Solid supported liquid extraction (SSLE) is analogous to traditional liquid-liquid extraction (LLE) and utilizes the same water-immiscible solvent systems for analyte extraction. Instead of shaking the two immiscible phases together, in SSLE, the aqueous sample is immobilized on an inert support (diatomaceous earth, a natural siliceous product), and the organic phase flows through the support.

In this application, a comparison is performed between Ostro Pass-through Sample Preparation and SSLE. Typical samples used in drug discovery and development with different acidic, basic and neutral properties and hydrophobicities were analyzed in this evaluation. Key areas of comparison are procedure simplicity, analyte recoveries, matrix factor (MF), and batch-to-batch reproducibility. The mechanisms behind these two techniques and their effects on performance are discussed as well. Ostro shows very high and consistent recoveries across all the tested analytes (>80% with an average RSD <2%). For SSLE lower recoveries were observed for polar analytes (as low as 60% with an average RSD ~8%). For Ostro, excellent batch-to-batch reproducibility was observed. The average % RSD across all the tested batches is 4% and 15% for SSLE. Comparable matrix factors were obtained between Ostro and SSLE, and tips to improve matrix factors for Ostro are presented.

## [APPLICATION NOTE]

### EXPERIMENTAL

### LC conditions

LC system:	ACQUITY UPLC I-Class
Column:	ACQUITY UPLC CSH C <sub>18</sub> , 2.1 x 100 mm, 1.7 μm ( <u>p/n: 186005297)</u>
Mobile phase A:	0.1% formic acid in water
Mobile phase B:	0.1% formic acid in acetonitrile
Flow rate:	500 µL/min

Gradient:

Time	Р	rofile	Curve			
( <u>min</u> )	<u>%A</u>	<u>%B</u>				
0	80	20				
0.3	80	20	6			
3	70	30	6			
6.5	30	70	6			
6.6	80	20	6			
7	80	20	6			
Column temp	.:	40 °C				
Sample temp.:		10 °C				
Strong needle wash:		70/30 ACN/water with				
		2% formi	c acid			
Weak needle wash:		70/30 ACN/water with				
		2% formic acid				
Injection mode:		Partial loop with				
		needle overfill				
Injection volume:		1 μL				
MS Conditio	ns					
MS system:		Xevo TQ-S	5			
lonization mode:		ESI+				
Capillary voltage:		2.5 kV				
Desolvation temp.:		500 °C				
Cone gas flow:		150 L/Hr				
Desolvation gas flow		1000 L/H	lr			
MRM transitio	n					
monitored:		See Table 2				

Table 1 lists the tested analytes with their acidic (A), basic (B) or neutral (N) properties, logPs (partition coefficient, indication of hydrophobicity), and compound description. Stock solutions were prepared in 40% acetonitrile. The concentration for stock solutions is 0.2  $\mu$ g/mL, except Azidothymidine (AZT), which was 3  $\mu$ g/mL. 10  $\mu$ L of stock solution was spiked into 190  $\mu$ L plasma before loading onto the Ostro plate. For blank plasma samples, a 40% ACN solution was used as the spike. For SSLE, a 10  $\mu$ L stock solution was spiked into 90  $\mu$ L plasma. The spiked plasma was then diluted with water at a 1:1 ratio before loading onto the SSLE devices.

Name	Property	Log P	Compound Description
Procainamide	В	<0.1	Cardiac arrhythmias
N-acetyl procainamide	В	<0.1	Antiarrhythmic drug, procainamide drug metabolite
Azidothymidine (AZT)	А	0.05	Antiretroviral drug for HIV/AIDS
7-Hydroxycoumarin	А	1.6	Gradient in sunscreen, absorb UV
Phenacetin	А	1.6	Pain, fever reducer
Betamethasone	Ν	1.1	Anti-inflammatory and immunosuppressive
Protriptyline	В	4.4	Antidepressant
Alprazolam	В	4.9	Panic and anxiety disorders
Amitriptyline	В	4.8	Antidepressant
Naproxen	А	3.2	Pain, fever reducer

Table 1. Chemical properties of test drug analytes.

Analyte	Precursor Ion ( <i>m/z</i> )	Product Ion ( <i>m/z</i> )	Cone Voltage (V)	Collision Energy (eV)
Procainamide	236.1	120.1	16	26
N-acetyl procainamide	278.2	205.2	54	18
Azidothymidine	268.08	127.10	22	8
7-Hydroxycoumarin	163.06	107.06	58	20
Phenacetin	180.13	110.06	26	20
Betamethasone	393.17	373.15	32	8
Protriptyline	264.20	155.08	46	20
Alprazolam	309.11	281.17	38	26
Amitriptyline	278.22	91.04	44	22
Naproxen	231.12	185.06	20	16
Propranolol	260.19	116.15	48	16

Table 2. MRM transitions, collision energies, and cone voltages for test drug analytes.

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#### Sample preparation protocols

The generic protocol for Ostro Pass-through Sample Preparation was used. 200  $\mu$ L pre-spiked or blank rat plasma were applied to the plate, then 600  $\mu$ L of 1% formic acid (FA) in Acetonitrile (ACN) was added followed by manual mixing (to complete protein precipitation). The samples were then eluted using a positive pressure manifold (p/n: 186006961). The eluate is directly injected into the LC-MS system. The Ostro procedure listed below is used independent of the analytes' chemical properties.

For SSLE, there are multiple dilution buffers (to dilute the biological sample for loading depending on the drug's functional groups) and extraction solvents (Once an appropriate buffer is selected the method is optimized by screening six different extraction solvents). The protocol we selected for this evaluation is for neutral and basic analytes. 200  $\mu$ L diluted plasma (100  $\mu$ L rat plasma + 100  $\mu$ L water) was loaded into a 200  $\mu$ L SSLE plate (obtained from a competitor). Loading was initiated by applying vacuum (~3 psi) for 2–5 seconds, waiting 5 minutes for the sample to completely absorb and form the extraction layer. 1 mL of extraction solvent (95:5 (v/v) Dichloromethane: isopropanol (DCM:IPA)) was then applied and allowed to flow for 10 minutes under gravity. Vacuum (10 psi) was applied again for 10–30 seconds to complete the elution. To be compatible with LC-MS analysis, the extract was evaporated to dryness and then reconstituted in 200  $\mu$ L of 40% acetonitrile (ACN).

Figure 1 shows the protocols and the processing times for both Ostro and SSLE. The total time required to prepare a 96-well plate of plasma samples is 11 minutes for Ostro and at least 30 minutes for SSLE. Ostro is a simple and generic pass through technique that removes both proteins and phospholipids without the need for evaporation and reconstitution, whereas SSLE requires method development with different extraction solvents for different analytes of interest. In addition, the 5-10 minute waiting time after loading is for the loading mixture to contact the sorbent, and the 5–10 minute waiting time after the extraction solvent is applied is for the analytes to interact with the extraction solvent. Since a water-immiscible solvent is used in extraction step, evaporation and reconstitution are required for LC-MS analysis. In addition, the initiation of the flow in the SSLE sample loading step, which is accomplished by applying vacuum ( $\sim$ 3 psi) for 2–5 seconds, is very subtle and takes time and practice to perfect. If the initiation time is too short (shorter than 2-5 seconds) or the pressure is too low, the aqueous sample won't be able to successfully immobilize onto the sorbent. If the time is too long or the pressure is too high, the plasma sample will immediately flow into the collection plate and result in a cloudy elution solution and higher matrix factors. In SSLE, the use of harsh water-immiscible extraction solvents may extract impurities from the frits and plates to contaminate the extraction solution. The extraction solvents such as DCM can also have a negative impact on both operators' health and the environment long-term.

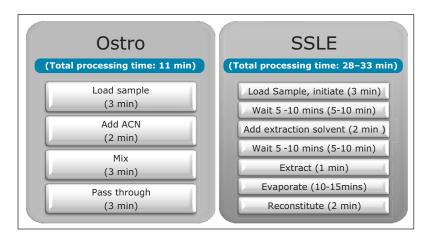


Figure 1. Protocols and processing times for Ostro and SSLE

## **RESULTS AND DISCUSSION**

#### **Recovery comparison**

The percent recovery was obtained by the ratio of the peak area of a pre-spiked, extracted sample to the peak area of a post-spiked, extracted sample. With the simple pass-through procedure, Ostro showed very good and consistent recoveries across all the tested analytes (Figure 2) with an average % recovery of 95±4%. For SSLE, as the extraction method was selected for neutral and basic analytes, acidic analytes such as naproxen ("Naprox" in the Figure) were not recovered well at all (less than 10% recovery). In addition, since SSLE is analogous to LLE, in which the extraction is based on the analyte solubility between the aqueous and non-aqueous layers, lower recoveries were observed for polar analytes such as procainamide and N-acetyl procainamide because of the low partition coefficient (Refer to Table 1, "Procain" and "N-acetyl P" in Figure 2, ~60% recovery). Another observation for SSLE is that the analyte recoveries are more variable. The average % RSD for Ostro is 2% and SSLE is 8%, which is presumably due to the initiation step and larger number of overall steps for SSLE compared to Ostro.

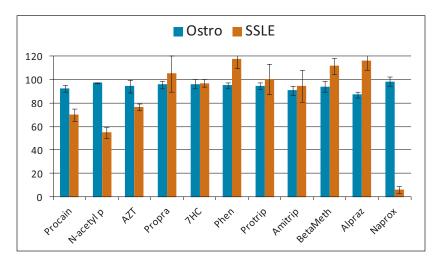


Figure 2. Recovery for Ostro and SSLE from plasma.

#### Matrix factor comparison

The matrix factor was calculated as the ratio of the peak area in the presence of matrix (measured by analyzing blank matrix spiked after extraction with analytes) to the peak area in absence of matrix (elution solvent standard solution of the analytes). The overall matrix factors for Ostro and SSLE are comparable (Figure 3a), where Ostro shows some higher level of interferences for polar analytes such as procainamide and N-acetyl procainamide, and SSLE shows higher matrix factors for propranolol, protriptyline and amitriptyline. The higher matrix factors for polar analytes on Ostro may be caused by co-eluting salts in the beginning of the gradient since Ostro is a pass through sample preparation technique. This can be improved by a simple change in chromatographic conditions (results shown in Figure 3b). In this case, instead of starting at 20% mobile phase B, the gradient was changed to start at 5% mobile phase B. In the later case, the polar analytes do not co-elute with the hydrophilic interferences (suspected salts). As expected, the matrix factors for these analytes (procainamide and N-acetyl procainamide) were reduced to 1±0.15 as opposed to 1±0.5 before the change in the initial gradient conditions.

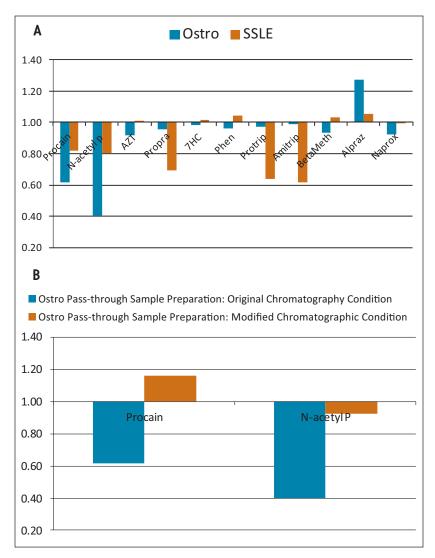


Figure 3a. Matrix factors for Ostro and SSLE in rat plasma.

Figure 3b. Matrix factor improvement for polar analytes using modified chromatographic conditions and with Ostro Pass-through Sample Prep Preparation

#### Batch-to-batch reproducibility comparison

A critical attribute of any sample preparation in bioanalysis is the ability to obtain the same results over a long period of time (life of drug). Therefore, it is important to evaluate the batch-to-batch reproducibility of any sample preparation product. To compare the long term viability of Ostro and SSLE, analyte recoveries for 3 different batches of Ostro and 2 different batches of SSLE were performed (see Figures 4a and 4b). Ostro showed very consistent batch-to-batch recovery for the analytes tested, with an average % RSD in recovery of 4%. Recovery and reproducibility for SSLE was less consistent, with % deviation for average recovery being 15%. These data show that the results with a simple, pass through sample preparation protocol give much better reproducibility needed for a bioanalytical assay that spans the life of a drug, with the additional advantage of saving 60% of the processing time compared to SSLE.

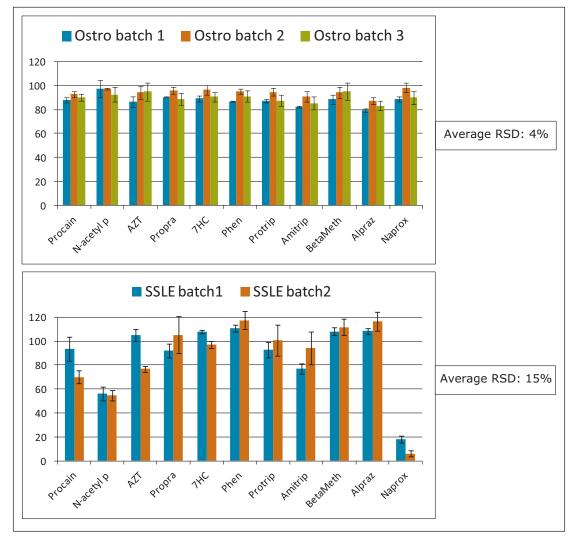


Figure 4a. Ostro batch-to-batch recovery reproducibility. Figure 4b. SSLE batch-to-batch reproducibility (neutral and basic analytes extraction method).

## CONCLUSIONS

Ostro is a pass-through sample preparation technique that has several advantages over SSLE, including:

- A simple and generic protocol that requires no method development
- 60% time savings
- Consistently higher and more reproducible recovery across wide range of analytes
- Operator, lab technician, scientist and environmental friendly methodology
- Protein precipitation, filtration, and phospholipids removal in one device with one procedure
- Application in other areas such as forensic toxicology, clinical research<sup>1-2</sup> and food analysis<sup>3-4</sup>

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