

## A Rapid and Sensitive Method Estimation of Octreotide in Human Plasma Using UPLC and Xevo TQ-S

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### APPLICATION BENEFITS

A unique optimization of this Waters system for bioanalysis, from sample preparation to UPLC® chromatography to tandem quadrupole MS, enables the determination and quantification of octreotide at the 5 pg/mL level.

### WATERS SOLUTIONS

Oasis® SPE

ACQUITY UPLC®

Xevo® TQ-S

### KEY WORDS

Octreotide, octapeptide

### INTRODUCTION

Octreotide is an octapeptide (Figure 1) that mimics natural somatostatin pharmacologically, and compared to natural hormone is a more potent inhibitor of growth hormone, glucagon, and insulin. Octreotide has been used to treat malignant bowel obstruction. Octreotide is also used in the treatment of acromegaly, diarrhea, and flushing episodes associated with carcinoid syndrome. In addition, octreotide has been used with varying degrees of success in infants to decrease insulin hypersecretion, and investigated for patients with pain from chronic pancreatitis.

Despite the wide therapeutic use of octreotide, it is a challenge to identify the fate of this drug and its metabolites in plasma because of a lack of analytical instruments and technologies that can monitor drug concentrations at very low pg/mL levels. Although an LC/MS/MS method has been previously reported<sup>1</sup> for the quantitative analysis of octreotide in human plasma, the sample preparation procedure included a manual protein precipitation step followed by liquid-liquid extraction step. Such steps are not well suited for high-throughput applications.

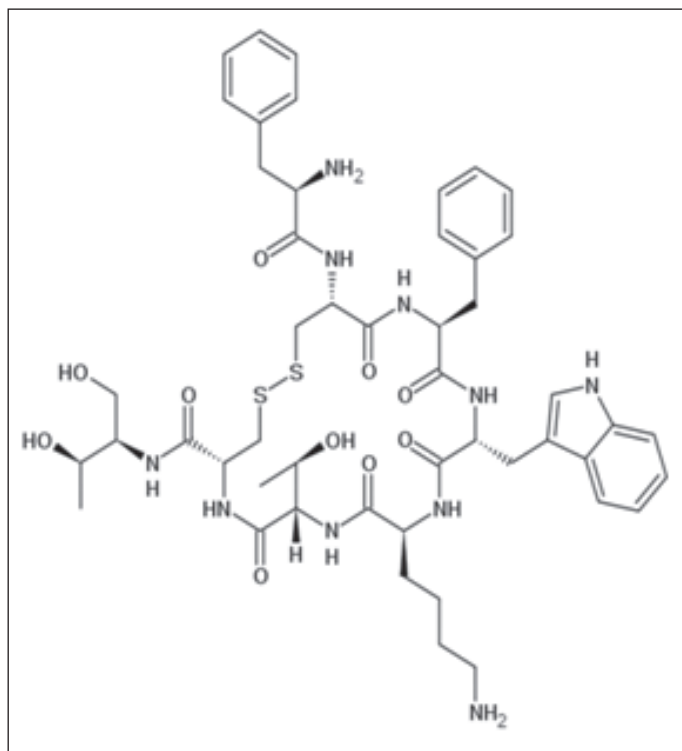


Figure 1.  
Octreotide  
structure.

## EXPERIMENTAL

All the dilutions for octreotide were made in 50% (v/v) methanol in water to obtain required spiking solutions. The plasma was then spiked with diluted octreotide solutions and calibration standards ranging from 5 to 640 pg/mL were prepared. Leuprolide was used as an internal standard (IS) at a concentration of 2 ng/mL, also prepared with 50% (v/v) methanol in water. The samples were isolated by solid phase extraction (SPE) utilizing a Waters Oasis WCX cartridge. A 500  $\mu$ L aliquot of plasma with 50  $\mu$ L of IS was diluted with an aqueous acidic solution and loaded onto the SPE cartridge previously conditioned with organic solvent and water. The plasma solution was then washed with a basic solution, eluted in solvent, evaporated to dryness and reconstituted in mobile phase for analysis by LC/MS/MS.

### LC conditions

**LC system:** ACQUITY UPLC System equipped with a Binary Solvent Manager, Column Manager, and Sample Manager

**LC column:** ACQUITY UPLC BEH 300 C<sub>18</sub>, 2.1  $\times$  100 mm, 1.7  $\mu$ m

**Gradient:** Reversed-phase chromatography with an acidic aqueous buffer solution and acetonitrile as the organic modifier

**Elution:** 20–80% organic gradient over 3.25 min

**LC gradient run:** 5.0 min starting with 90% acid solution and 10% acetonitrile

**Column temp.:** 50  $^{\circ}$ C

### MS conditions

**MS system:** Xevo TQ-S

**MS mode:** Positive ion electrospray MS/MS

**MS transition:** 510.54  $\Rightarrow$  120.10

In this study, we demonstrate detection of octreotide in human plasma at very low concentrations using a Waters ACQUITY UPLC System coupled with a Xevo TQ-S tandem quadrupole mass spectrometer. When compared to an HPLC, UPLC helps a user achieve faster separations with lower consumption of mobile phase. In addition, UPLC offers short run times with low dispersion resulting in better separation of signals from unwanted signals from plasma, phospholipids, and other endogenous materials.

This study will demonstrate the robustness of the method that was developed to analyze octreotide for a range of 5 to 640 pg/mL.

## RESULTS AND DISCUSSION

Octreotide is a cyclic peptide with molecular weight of 1019.24 while its IS, leuprolide, is a single, non-glycosylated polypeptide chain with a molecular weight of 1209.4. The octreotide analyte eluted with a retention time of 1.39 min. The chromatogram in Figure 2 shows excellent symmetrical peak shape and resolution from endogenous interferences. In addition, all the six chromatograms at the 5 pg/mL lower level of quantitation (LLOQ) level for octreotide showed signal-to-noise ratio greater than 20 (Figure 2).

The quality of the peak shape and resolution can be attributed to an optimized combination of the ACQUITY UPLC System and its ACQUITY UPLC BEH 300 C<sub>18</sub> Column. Also, the results showed excellent reproducibility at the LLOQ levels (Table 1), which provides a unique ability to quantify octreotide at the LLOQ concentration.

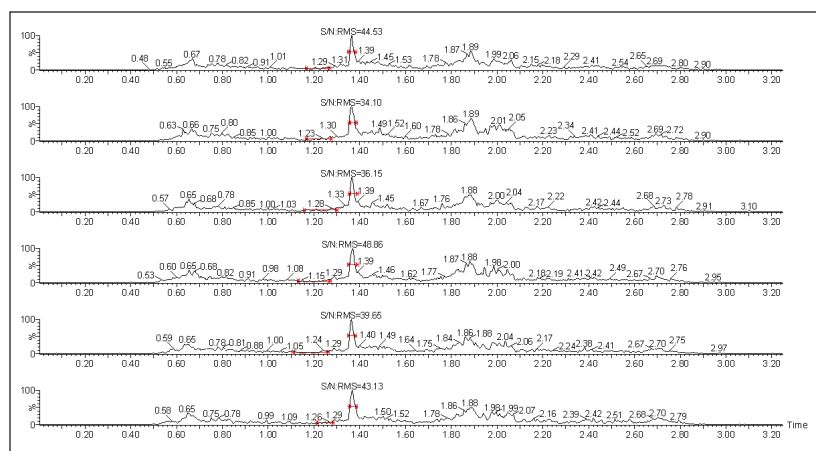


Figure 2. Signal-to-noise ratio observed for six replicate injections of octreotide at different LLOQ levels.

The high quality data obtained for octreotide at the LLOQ level can also be attributed to the high sensitivity detection capabilities provided by the Xevo TQ-S System. The co-joined, off-axis StepWave™ ion guide in the Xevo TQ-S provides superior levels of sensitivity while maintaining the robustness and cleanliness of the source and ion optics. This enables the Xevo TQ-S to increase the ion flux entering the mass spectrometer, resulting in the highest levels of sensitivity. The assay reported in this study was demonstrated to be linear over the range of 5 to 640 pg/mL in both organic solvents and human plasma samples.

The data obtained for octreotide showed %RSD to the order of about 3% and did not vary significantly within three different concentration ranges (Figure 3 and Appendix, Table 1). In addition, the accuracy and %RSD observed at the LLOQ level was in good agreement with that observed for the three other concentration ranges (Figure 3 and Appendix, Table 1). The accuracy and precision at different concentration ranges of octreotide were in excellent agreement within two different batches of samples that were analyzed (Figure 4 and Appendix, Table 2).

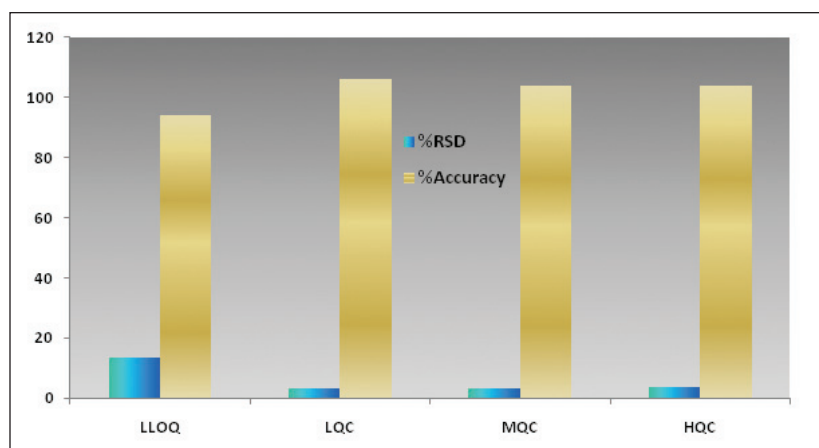


Figure 3. Bar graph showing %RSD and %Accuracy of one batch of six octreotide samples at four different concentration levels including LLOQ, LQC, MQC, and HQC.

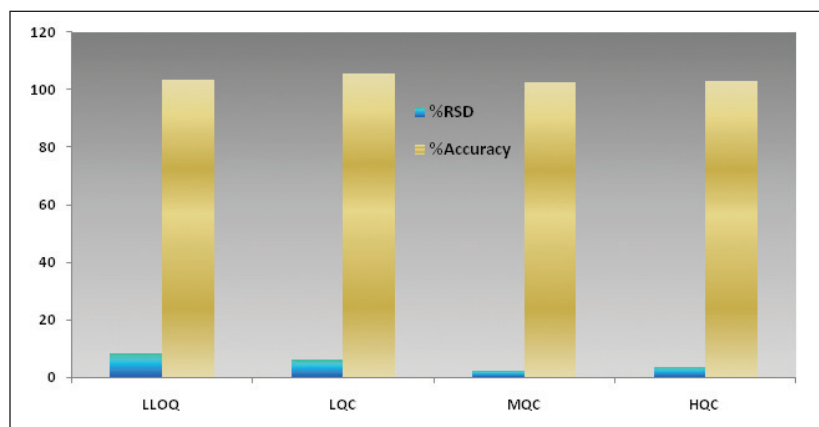


Figure 4. Bar graph showing %RSD and %Accuracy of a second batch of six octreotide samples at four different concentration levels including LLOQ, LQC, MQC, and HQC.

In addition, the global precision did not vary significantly between the three different concentration ranges and the accuracy of the results was within acceptable range (Figure 5 and Appendix, Table 3). Such high degree of precision and accuracy and low %RSD can be attributed to the robustness, reproducibility, and sensitivity of the combination of Waters technologies including best in class sample preparation capability, ACQUITY UPLC, and Xevo TQ-S.

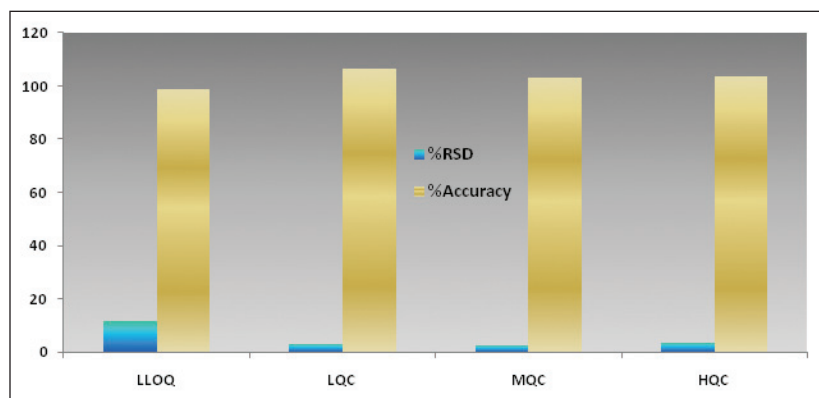
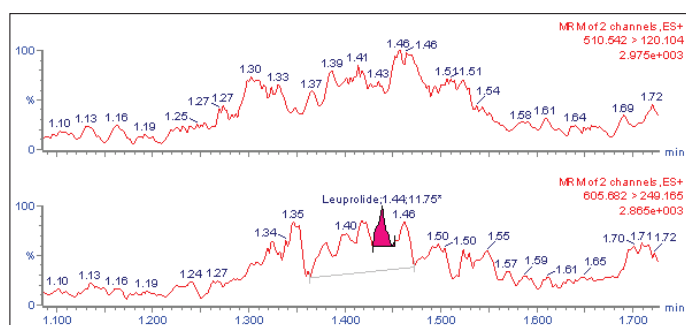


Figure 5. Bar graph showing global %RSD and %Accuracy of six octreotide samples at four different concentration levels including LLOQ, LQC, MQC, and HQC.

The UPLC/MS/MS chromatogram of the blank plasma sample and that of the octreotide at LLOQ level showed little interference from the endogenous materials (Figures 6A and Figure 6B). In addition, the phospholipid elution was checked by injecting an extracted standard with an MS scan at  $184 \Rightarrow 184$   $m/z$ , a unique MRM transition for typical phospholipids (Figure 7). No significant phospholipid elution was observed at the retention time of either the octreotide analyte or its IS, leuprolide.

Such excellent separation of analyte of interest from any endogenous materials helps address some major regulatory issues, such as estimation of matrix interference. Once again, such abilities are achieved with an optimized combination of Waters sample preparation technology, chemistry, ACQUITY UPLC, and Xevo TQ-S.



Figures 6A. MRM of blank plasma and blank plasma spiked with IS, leuprolide

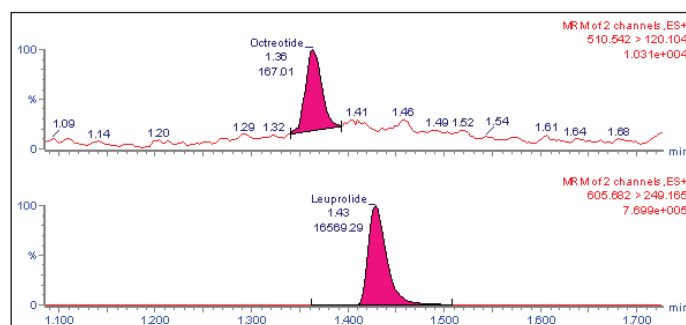


Figure 6B. MRM of octreotide and its IS, leuprolide



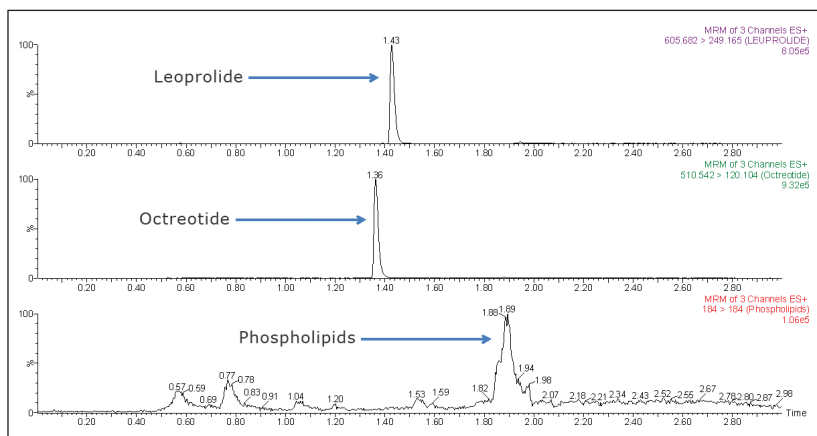


Figure 7. Comparison of phospholipid elution with respect to leuprolide (IS) and octreotide.

## CONCLUSION

The low circulating concentration levels of octreotide, a cyclic octapeptide that is used for treating cancer patients, requires a highly sensitive assay for accurate determination of the pharmacokinetics. However, such a highly sensitive analytical method with proper sample preparation protocols was not known for octreotide and hence its analysis in the low pg/mL concentration level was not previously achievable.

This study demonstrates that the combination of Waters Oasis SPE, an ACQUITY UPLC System with ACQUITY UPLC BEH 300 C<sub>18</sub> Column, and the Xevo TQ-S Mass Spectrometer enables the development of an assay for octreotide with an LLOQ of 5 pg/mL in human plasma.

UPLC chromatograms not only demonstrate better sensitivity, but also better separation compared to any conventional HPLC instruments. The data in this study exhibit low %RSD, a high degree of accuracy, and excellent batch-to-batch reproducibility and, therefore, demonstrate the benefits of sensitivity, robustness, and reproducibility of this integrated bioanalytical system solution.

## Reference

1. Jiang Y., Wang J., Wang Y., Du X., Zhang Y., Fawcett J.P., Gu J. Rapid Comm. Mass Spectrom., 2007, 21(24), 3982-3986.

# Waters

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## APPENDIX

Conc. Level	Nominal	Calcd	%Accuracy
LLOQQC-1	5.000	4.187	83.74
LLOQQC-2	5.000	5.046	100.92
LLOQQC-3	5.000	4.228	84.56
LLOQQC-4	5.000	5.449	108.98
LLOQQC-5	5.000	5.329	106.58
LLOQQC-6	5.000	4.049	80.98
Mean		4.715	
Std. Deviation		0.6301	
%RSD		13.36	
%Accuracy (avg)		94.29	
LQC-7	15.000	16.721	111.47
LQC-8	15.000	15.521	103.47
LQC-9	15.000	15.734	104.89
LQC-10	15.000	15.601	104.01
LQC-11	15.000	15.752	105.01
LQC-12	15.000	16.364	109.09
Mean		15.949	
Std. Deviation		0.4812	
%RSD		3.02	
%Accuracy (avg)		106.33	
MQC-7	135.000	141.152	104.56
MQC-8	135.000	132.637	98.25
MQC-9	135.000	142.856	105.82
MQC-10	135.000	144.552	107.08
MQC-11	135.000	135.931	100.69
MQC-12	135.000	143.576	106.35
Mean		140.117	
Std. Deviation		4.7682	
%RSD		3.40	
%Accuracy (avg)		103.79	
HQC-7	575.000	570.461	99.21
HQC-8	575.000	606.594	105.49
HQC-9	575.000	626.871	109.02
HQC-10	575.000	575.275	100.05
HQC-11	575.000	614.687	106.90
HQC-12	575.000	592.949	103.12
Mean		597.806	
Std. Deviation		22.2978	
%RSD		3.73	
%Accuracy (avg)		103.97	

Table 1. Data showing %RSD and %Accuracy of one batch of six samples of Octreotide.

Conc. Level	Nominal	Calcd	%Deviation
LLOQQC-1	5.000	5.547	110.94
LLOQQC-2	5.000	4.631	92.62
LLOQQC-3	5.000	5.384	107.68
LLOQQC-4	5.000	4.664	93.28
LLOQQC-5	5.000	5.184	103.68
LLOQQC-6	5.000	5.636	112.72
Mean		5.174	
Std. Deviation		0.4363	
%RSD		8.43	
%Accuracy (avg)		103.49	
LQC-7	15.000	16.522	110.15
LQC-8	15.000	13.97	93.13
LQC-9	15.000	16.116	107.44
LQC-10	15.000	16.429	109.53
LQC-11	15.000	16.418	109.45
LQC-12	15.000	15.688	104.59
Mean		15.857	
Std. Deviation		0.9737	
%RSD		6.14	
%Accuracy (avg)		105.71	
MQC-7	135.000	140.928	104.39
MQC-8	135.000	136.911	101.42
MQC-9	135.000	140.231	103.87
MQC-10	135.000	141.513	104.82
MQC-11	135.000	136.375	101.02
MQC-12	135.000	134.219	99.42
Mean		138.363	
Std. Deviation		2.9402	
%RSD		2.13	
%Accuracy (avg)		102.49	
HQC-7	575.000	580.126	100.89
HQC-8	575.000	610.287	106.14
HQC-9	575.000	581.714	101.17
HQC-10	575.000	557.94	97.03
HQC-11	575.000	613.298	106.66
HQC-12	575.000	604.334	105.10
Mean		591.283	
Std. Deviation		21.615	
%RSD		3.66	
%Accuracy (avg)		102.83	

Table 2. Data showing %RSD and %Accuracy of second batch of six samples of Octreotide.

Conc. Level	Nominal	Calcd	%Deviation
LLOQQC-1	5.000	4.187	83.74
LLOQQC-2	5.000	5.046	100.92
LLOQQC-3	5.000	4.228	84.56
LLOQQC-4	5.000	5.449	108.98
LLOQQC-5	5.000	5.329	106.58
LLOQQC-6	5.000	4.049	80.98
LLOQQC-7	5.000	5.547	110.94
LLOQQC-8	5.000	4.631	92.62
LLOQQC-9	5.000	5.384	107.68
LLOQQC-10	5.000	4.664	93.28
LLOQQC-11	5.000	5.184	103.68
LLOQQC-12	5.000	5.636	112.72
Mean		4.945	
Std. Deviation		0.5697	
%RSD		11.52	
%Accuracy (avg)		98.89	
LQC-1	15.000	16.721	111.47
LQC-2	15.000	15.521	103.47
LQC-3	15.000	15.734	104.89
LQC-4	15.000	15.601	104.01
LQC-5	15.000	15.752	105.01
LQC-6	15.000	16.364	109.09
LQC-7	15.000	16.522	110.15
LQC-8	15.000	13.97	93.13
LQC-9	15.000	16.116	107.44
LQC-10	15.000	16.429	109.53
LQC-11	15.000	16.418	109.45
LQC-12	15.000	15.688	104.59
Mean		15.949	
Std. Deviation		0.4812	
%RSD		3.02	
%Accuracy (avg)		106.33	
MQC-1	135.000	141.152	104.56
MQC-2	135.000	132.637	98.25
MQC-3	135.000	142.856	105.82
MQC-4	135.000	144.552	107.08
MQC-5	135.000	135.931	100.69
MQC-6	135.000	143.576	106.35
MQC-7	135.000	140.928	104.39
MQC-8	135.000	136.911	101.42
MQC-9	135.000	140.231	103.87
MQC-10	135.000	141.513	104.82
MQC-11	135.000	136.375	101.02
MQC-12	135.000	134.219	99.42
Mean		139.240	
Std. Deviation		3.8863	
%RSD		2.79	
%Accuracy (avg)		103.14	
HQC-1	575.000	570.461	99.21
HQC-2	575.000	606.594	105.49
HQC-3	575.000	626.871	109.02
HQC-4	575.000	575.275	100.05
HQC-5	575.000	614.687	106.90
HQC-6	575.000	592.949	103.12
HQC-7	575.000	580.126	100.89
HQC-8	575.000	610.287	106.14
HQC-9	575.000	581.714	101.17
HQC-10	575.000	557.94	97.03
HQC-11	575.000	613.298	106.66
HQC-12	575.000	604.334	105.10
Mean		594.545	
Std. Deviation		21.2294	
%RSD		3.57	
%Accuracy (avg)		103.40	

Table 3. Data showing %RSD and %Accuracy of 12 samples of Octreotide (global).